



Salt Water Hot Tub Guide

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Introduction

Almost all of us can say we have owned a hot tub, known someone who did, or been in one at some point. Anybody who has been in a hot tub for recreation, fitness, or relaxation knows the feelings of physical and mental wellness it can produce. Some may or may not know that this experience can be even further enhanced through the use of a salt water hot tub.

You may not be familiar with the idea of a salt water hot tub. If you have soaked in one, you know its rejuvenation powers. But if you haven't and are trying to learn about what one can do for you, this guide will help educate you on the health and ownership benefits.

From all of us at Mainely Tubs, we hope this guide is a valuable resource in helping you gather more knowledge about salt water hot tubs.



Health Benefits

How does salt water affect you differently than the fresh water used in standard tubs?



Let's start with the senses. Salt water has different properties than fresh water. Salt helps to act as a natural sanitizer because it is a natural inhibitor of bacteria. This unique property of salt water means that there are less additional chemicals needed in the water, such as added chlorine and bromine found in a standard tub. With less chemical gases bubbling off from the tub, there is no harsh chemical smell which can lead to less irritated noses and eyes. In fact, the smell is not only free from disagreeable odors, it's pleasant to breath in!

Not only will your nose and eyes appreciate the salt water, but your skin will thank you as well. This is because chemicals in standard hot tub water can dry out certain skin types and result in flakiness and itchiness. Salt is actually a common ingredient in many skincare products because of its ability to soften the skin.

Health Benefits

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There are two main factors at play that make the salt water tubs so powerful in their effectiveness to treat aches and pain: hot water and salt.

The hot water relieves muscle tightness and the jets massage and loosen muscles. In the environment of salt, you are more buoyant, since it is slightly denser than fresh water, resulting in even further loosening of muscles.



Can you think of how you feel in an Epsom Salt bath? Well, a salt water hot tub produces a similar sensation. It leaves you with that refreshed, clean feeling and with less intense aches. Now imagine that feeling coupled with Hot Spring Spa® jets designed to work every needed part of your body from upper back all the way down to the soles of your feet.

The National Strength and Conditioning Association shows that swelling and edema can be treated with hot and salt water therapy. The hot water acts to open up pores and the salt, due to its higher solute concentration than body fluids, actually works to pull fluids out of the skin caused from backup in swollen areas.



Convenience

Why is owning a salt water tub easier than a standard fresh water tub and how exactly does it work?



There is unquestionably the advantage of convenience with a salt water tub over those that are not equipped with the technology. For those of you who want to spend your time soaking instead of upkeeping, this is undoubtedly the type of tub for you! The beauty in this system is its autonomous functioning. The system takes the starting material it is given and actually produces what it needs to make the tub work!

The salt water system is known as the FRESHWATER™ Salt System. FRESHWATER™ uses a patented technology that takes just a little bit of salt water in your spa and uses that to generate natural chlorine automatically. This all is enabled by a titanium cartridge that releases the needed starting material for this process. With fewer additives and less chemicals, the spa water stays cleaner longer. FRESHWATER™ Salt System saves on maintenance time, conserves water and saves money.

On the next page, we will go over some points on the specifics of how the system works.

Convenience

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- A unique titanium cartridge allows the FRESHWATER™ System to automatically generate chlorine in the water using only a small amount of salt. Just use the control panel to set the system level needed to clean the water based on your usage needs.

- The control panel prompts you to check the water with a test strip every 10 days and adjust the system, if needed. It also indicates when the system needs attention and instructs you on what steps to take. It's that easy. The disposable cartridge never needs any maintenance and lasts for four months.

- The natural chlorine is generated from salt and water, so there are none of the harsh side-effects associated with traditional bottled chlorine water care. There is almost no need for bottled chemicals from which to measure and pour.

- The amount of chemicals added to the water is more precise with the FRESHWATER™, which helps to extend the life of the spa water. So customers may enjoy longer time between water changes - 12 months with proper maintenance This ultimately allows for the use of less water.



Getting a Salt Water Hot Tub

You like what you've read, now how do you experience a salt water tub?

The FRESHWATER™ Salt System is a proprietary technology found only in Hot Springs Spas®. In order to look at and take a test soak in a salt water tub environment, you will have to visit a Hot Spring Spa® dealer. Luckily, Mainely Tubs happens to be the #1 Hot Spring Spa® dealer in the world by volume of units due to our excellent understanding of the product and ability to service it throughout its lifetime.



The Salt System is not available on all Hot Spring Spas®, but it is found as an option on a wide range of models to accommodate many different needs. The ACE® Salt Water System is an available option on Highlife and Limelight Collection spas. When installed, the system fully integrates with the spa's control panel, making it easy to adjust the system as needed.

Thank you for the read! Hope you enjoyed our guide!

Mainely Tubs

relax with us

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Visit one of our two showrooms:

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Our Brands Include: Hot Spring Spas, Caldera, Endless Pool Swim Spas, Finnleo Saunas, Bradford Spas, Covana, and Silk Balance. Serving Maine and New Hampshire.

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